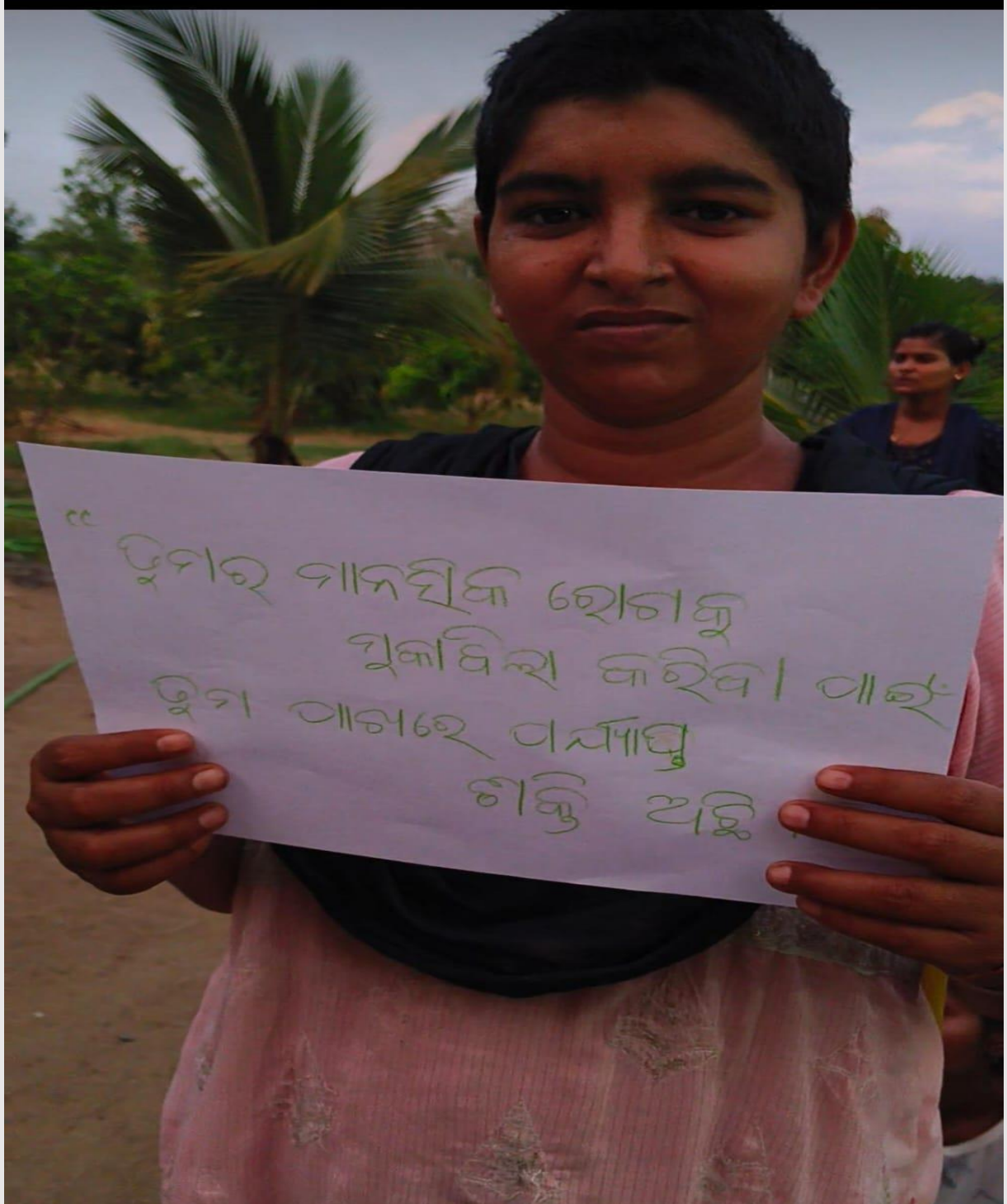

NEWSLETTER

MAY 2024



Remember, awareness and support can make a difference in the lives of individuals affected by Schizophrenia!

All our respective centres have observed the 'World Schizophrenia Day' which is on 24th May 2024. We celebrated this day with spreading awareness among the residents, staffs and community member, holding various activities among the residents such as drawing, dance etc.





"A Beacon of Hope for the Forgotten"

1st Foundation Day of Mission Ashra Malkangiri

We are pleased to announce that Mission Ashra (Rehabilitation Home for Mentally Ill Destitute Women) Malkangiri celebrated its first foundation day with the commitment to working hard to achieve our organization's mission and vision. We are grateful for our courage and unwavering efforts to help those who cannot help themselves.



2nd Foundation Day of MAMI (Mission Ashra for Mentally Ill), Berhampur

On 25th May, we celebrate a milestone in our journey towards creating a more compassionate and inclusive society. Our MAMI Project, a sanctuary for those struggling with mental health issues, marks its Foundation Day.



Vocational Training Programme

The Vocational Training program at MAMI, Puri commenced in May. Training is provided in plastic bag making, paper bag making, sewing, and envelope making. A qualified trainer delivered the training. Over the course of the 20-day program, which was separated into training sessions, residents learned how to make various types of official envelopes, paper bags, and plastic bags for everyday usage. Consequently, 130 brand-new paper bags in sizes 50 and large have been manufactured. Following that, students learnt how to make plastic bags in two sizes. With the help of staff members and on their own, the group of twenty residents managed to learn how to use paper bags. In addition to improving the residents' social and hard skills, this training has also made them more interested in creating new things, as evidenced by their interactions with one another and their desire to continue the program.



Remember, every Donation, regardless of size, makes a difference and contributes to a larger positive impact!

Along with Puri Women's Club members, the Samarpan Trust spent the evening with our residents at MAMI in Puri. They gave out TATA Gluco+ and seasonal fruits like bananas and watermelon. In keeping with their conviction in SEVA, they chopped and distributed the fruits individually. They consider themselves to be in service to the needy and mentally ill.



On the evening of May 25, Mrs. Prajna Paramita Mohapatra and Mrs. Manasi Mitra arrived with their families to give our residents some vintage clothing and some cookies. They spoke with the people of MAMI in Puri during the evening and indicated that they would like to contribute more.



State Support Centre- SAKHI

SATE SUPPORT CENTRE-BBSR

Visitors to SAKHI ONE STOP CENTRE

Officials From UNFPA in collaboration with W&CD Department Visited Sakhi (OSC) on 14th may to discuss regarding the use of a new app called “JAGRUTI”.



Intern from SOA School of Law, Bhubaneswar under DLSA, Khordha visited Sakhi (One Stop Centre) on 22nd May. The main purpose of the visit was to know in detail regarding the Centre, how it functions and work with various Departments, types of cases registered and services provided.



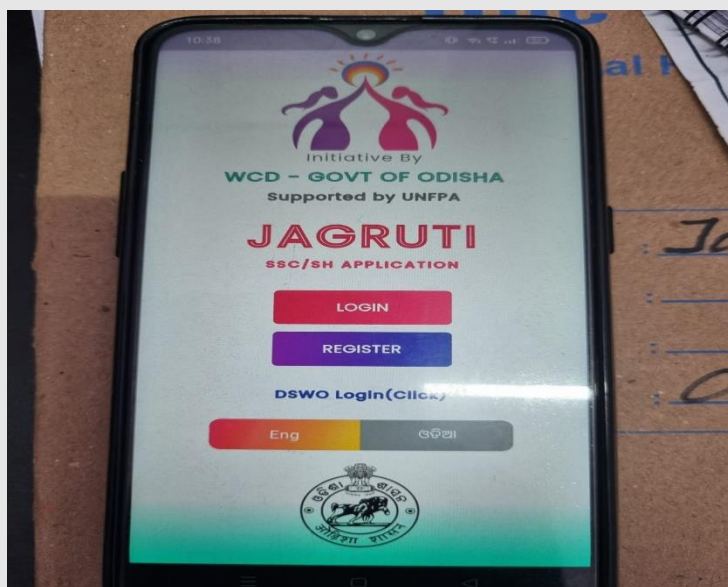
Interns from Capital Law College, Bhubaneswar under DLSA, Khordha visited Sakhi (One Stop Centre) on 22nd May. The main purpose of the visit was to know in detail regarding the Centre, how it functions and work with various Departments, types of cases registered and services provided.



Intern from Capital Law College, Bhubaneswar under DLSA, Khordha visited Sakhi (One Stop Centre) on 27th May. The main purpose of the visit was to know in detail regarding the Centre, how it functions and work with various Departments, types of cases registered and services provided.



To make the centres digitalise a new app has been launched by W&CD Department in Support with UNFPA Called “JAGRUTI”. This new app is currently operational on a pilot basis in four districts of Odisha and Khordha is one of them. The main objective is where all the cases and their important documents along with their picture can be documented online when they are physically present in the centre.



I) Counsellor from Sakhi (OSC) Visited Jagruti 1 & Jagruti 2 for Counselling purposes to the residents of the shelter home. Total Number of Counselling in the month of May is – 02.



SSC (STATE SUPPORT CENTRE), Subarnapur

Counselling report for the month of May.

SL No	Date	Topic	Place
01	19.05.2024	Legal Counseling to the survivor of Jagruti Home-II	Jagruti Home-II, Sonapur
02	23.05.2024	Domestic violence, Child marriage, cheating	Sandha 2 & 3 Agana wadi Centre, Birmaharajpur Block
03	25.05.2024	Domestic violence and Child marriage	Kamalapur 3 & 4 Agana wadi Centre, Birmaharajpur Block

04	26.05.2024	Legal Counseling to the survivor of Jagruti Home-II	Jagruti Home-II, Sonapur
05	26.05.2024	Alternative forms of care and support Programme for the children without parental care and other Vulnerable children.	Zilla Parishad Conference Hall, Subarnapur
06	26.05.2024	Counseling to the survivor of Jagruti Home-I	Jagruti Home-I, Tarva
07	27.05.2024	Counseling to the survivor of Jagruti Home-II	Jagruti Home-II, Birmaharajpur
08	29.05.2024	Domestic violence and Child marriage	Ulundi 1 & 3 Agana wadi Centre, Ulundi Block
09	29.05.2024	Counseling to the survivor of Jagruti Home-II	Jagruti Home-II, Subarnapur.

NEWSLETTER

MAY 2024

Embracing Unity and Wellness: International Yoga Day




June 21st marks a special day for yoga enthusiasts worldwide. Yoga is more than just a physical practice; it's a journey of self-discovery, uniting body, mind, and spirit. It teaches us to breathe, relax, and connect with our inner selves, fostering a sense of calm and inner peace.

Each and every centre have celebrated this day at our respective centres.



Work Highlighted for the June:



The poster features a background image of various healthy foods including carrots, almonds, eggs, berries, and avocado. A central white box contains the event details. At the top right of the poster is the 'PEOPLE'S FORUM' logo with the tagline 'SINCE 1983 Always... All time... with the people'. The main title 'World Food Safety Day' is in a large, elegant script font. Below it, the word 'WEBINAR' is in red, followed by 'FRIDAY' and a large '7' for the date, and 'JUNE' below that. The time 'AT 3.00 P.M TO 5.00 P.M' is listed. The organizers are 'MISSION ASHRA FOR MENTALLY ILL: SHELTER & REHABILITATION HOME FOR DESTITUTE MALE & FEMALE (MAMI) PURI' and 'PEOPLE'S FORUM'. A 'MEETING LINK:' is provided at the bottom of the white box.

World Food Safety Day

WEBINAR

FRIDAY

7

JUNE

AT 3.00 P.M TO 5.00 P.M


ORGANIZED BY
MISSION ASHRA FOR MENTALLY ILL: SHELTER & REHABILITATION HOME FOR DESTITUTE MALE & FEMALE (MAMI) PURI
PEOPLE'S FORUM

MEETING LINK: <https://meet.google.com/dsb-vzof-cyj>


Topic:

- FOOD AND MOOD
- NUTRITION & MENTAL HEALTH

Speaker:



DR. CHETU SINGHI
NUTRITIONIST CUM WELLNESS COACH
MSC IN FOOD AND NUTRITION



MRS. ANMAYEE NANDA
SENIOR CLINICAL DIETITIAN AND CERTIFIED
DIABETIC EDUCATOR

World Food Safety Day is June 7th. MAMI Puri arranged a virtual session on that day. In order to assist the residents who are reliant on mental health medications, attention is being paid to reducing the many adverse effects that can be lessened by eating a healthy diet and taking care of the caretakers' health. Consequently, two respected dietitians and 101 participants had a discussion about the various issues that the staff and residents were facing.

International Yoga Day celebration at MAMI, puri

The Art of Living Team, Puri was invited by MAMI, Puri to an evening celebrating International Yoga Day which is on 21st June. Along with Samarpan Trust members, Respected Geeta Kumari Jemma and Respected Sunil Gena visited our centre. They led our residents in a variety of health-promoting yoga poses and led a Zumba yoga class for everyone, with an emphasis on the staff. Along with everyone, we happily commemorated the day.



Glimpse of our Rehabilitation centre



Counselling of destitute women with mental illness (resident) of Mission Ashra, Khordha



Reunion of resident from Mission Ashra (Women with MI to her native place



Evening Vocational Activities of residents at Mission Aashalok (destitute men with mental illness)



Rescue of resident and admission at Mission Ashra, Khordha



Medical treatment and distribution of medicines

Thank You!

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